



Week 2 Practice and Homework

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Training Schedule

Day 1	<p>LIVE CLASS</p> <p>❖ Make sure you watch the video before class</p>
Day 2	<p>/ə/ Repetition Practice</p> <p>🕒 Total Time: 8 minutes</p> <p>Repeat x2 during the day</p>
Day 3	<p>/ɪ/ Mouth Training (Exercises 1–3)</p> <p>🕒 3 minutes</p> <p>Repeat x3 during the day</p>
Day 4	<p>/ɪ/ Mouth Training (Exercises 1–3)</p> <p>🕒 3 minutes</p> <p>Repeat x1 during the day</p>
	<p>/i/ and /ɪ/ Repetition Practice</p> <p>🕒 Total Time: 11 minutes</p> <p>Repeat x2 during the day</p>
Day 5	<p>/i/ and /ɪ/ Repetition Practice</p> <p>🕒 Total Time: 11 minutes</p> <p>Repeat x3 during the day</p>
	<p>Practice reading the Homework text</p>
Day 6	<p>Practice Week 2 Homework, self-correction</p> <p>Turn in homework before end of the day</p> <p>❖ SUN CLASS: Homework due on or before Friday</p> <p>❖ TUES CLASS: Homework due on or before Sunday</p>
Day 7	<p>Rest</p>



Resources to Use While Practicing

Mouth Warm-Up for Articulation

To strengthen your speech muscles and have better articulation, I recommend completing this warm up video: [Mejor Pronunciación en Inglés ✨ Calentamiento vocal para mejor articulación y habla clara en inglés](#)

Metronome

[Metronome Tempo App Android](#), [Metronome Tempo App Apple](#)



Vowels: /ə/ Repetition Practice

This practice sheet is to help you master the sound /ə/ (schwa) through repetition practice. Repetition practice will create the muscle memory needed to make the pronunciation of this sound a speech habit.

This comes with practice and only with practice.

You will listen and repeat. You can use the PDF while listening to the audios, or listen to the audios only.

You can download all audio tracks combined here:

[AUDIO](#)

 Total Time: 8 minutes

/ə/: Common Words

AUDIO

 2.5 minutes

<u>a</u> bout	<u>a</u> ccount	busin <u>e</u> ss
happ <u>e</u> n	<u>a</u> mount	seri <u>o</u> us
b <u>e</u> cause	epi <u>s</u> ode	<u>a</u> ppointm <u>e</u> nt
<u>a</u> gain	pre <u>v</u> ent <u>i</u> on	p <u>o</u> tent <u>i</u> al
wom <u>a</u> n	rec <u>o</u> gnize	ambu <u>l</u> ance
list <u>e</u> n	prof <u>e</u> ss <u>i</u> on <u>a</u> l	c <u>o</u> mbine
min <u>u</u> te	<u>a</u> round	rev <u>o</u> lution
actu <u>a</u> lly	t <u>o</u> day	husb <u>a</u> nd
<u>a</u> way	t <u>o</u> night	attit <u>i</u> ude
rand <u>o</u> m	t <u>o</u> morrow	r <u>e</u> spect
strat <u>e</u> gy	s <u>u</u> ppose	<u>a</u> ppreciate
pres <u>i</u> dent	d <u>e</u> vel <u>o</u> p	gratit <u>i</u> ude
Los Ange <u>e</u> les	r <u>e</u> peat	r <u>e</u> member
abs <u>o</u> lutely	c <u>o</u> mpan <u>y</u>	messag <u>e</u> s

/ə/: Practice in Phrases

AUDIO

 1.5 minutes

We go to o yogaa in Juuly.

He has some hidden potential.

Let's watch a random episode.

I have a doctor's appointment.

Appreciate the e moment.

Do you have relevant experience?

Just gimme five minutes.

We saw a beautiful sunset.

I like to o combine flavors

Call an ambulance!

She was promoted to manager

He's a certified professional.

Check you bank account balance.

Remember to o have a good attitude.

Listen and pay attention.

It's the e best business strategy.

/ə/: Practice in Sentences

AUDIO

 1.5 minutes

1. Thee young business professional was prometed to manager.
2. His relevant experence is from a long time ago.
3. My manager recemmended I take some professional development courses.
4. They said it would happen again next week.
5. Let's get serious and listen to our speaker.
6. I can't attend the presentation because I have a doctor's appointment.
7. We're working on developing a new strategy.
8. I'll be at work today, but not tommorow.
9. It's hard for me to remember to check my messages because I'm distracted.
10. He's going to watch a random episode tonight.

/ə/: Pronouncing "con" as /ə/

In these words, the "con" prefix is pronounced with /ə/ because it is an unstressed syllable. Notice that the stressed syllable is another syllable, and in consequence, "con" must be unstressed.

AUDIO

 2.5 minutes

consider
control
confuse
continue
convince
concern
condition
connect
connexion
convention
confess
contain
confirm
construction
concclusion
confront
contribute
conflicting
convert

consultant
consume
confusion
confused
conceive
convenience
conclude
consult
container
convenient
convict
concur
condemn
consent
congratulate
conserve
content
convey
condone

Vowels: /ɪ/ Mouth Training

 Total Time: 3 minutes

Use a metronome to complete the exercises. Set the metronome to the required speed (BPM = beats per minute), and practice the sounds. If you see an arrow above the sound, extend the sound. Click on the audio example for each exercise for guidance.

Exercise 1

[AUDIO](#)

Metronome: 50 bpm

 Time: 1 minute

b[→]III, d[→]III, f[→]III, g[→]III, k[→]III, l[→]III
m[→]III, n[→]III, p[→]III, s[→]III, t[→]III

Exercise 2

[AUDIO](#)

Metronome: 60 bpm

 Time: 1 minute

b[→]I, b[→]IIII[→]t; d[→]I, d[→]IIII[→]d; f[→]I, f[→]IIII[→]ll; g[→]I, g[→]IIII[→]ve
m[→]I, m[→]IIII[→]ddle; n[→]I, kn[→]IIII[→]t; p[→]I, p[→]IIII[→]ll; s[→]I, s[→]IIII[→]t

Exercise 3

[AUDIO](#)

Metronome: 80 bpm

 Time: 1 minute

b[→]I, b[→]i[→]t; d[→]I, d[→]i[→]d; f[→]I, f[→]i[→]ll; g[→]I, g[→]i[→]ve
m[→]I, m[→]i[→]ddle; n[→]I, kn[→]i[→]t; p[→]I, p[→]i[→]ll; s[→]I, s[→]i[→]t



Vowels: /i/ and /ɪ/ Repetition Practice

This practice sheet is to help you master the sounds /i/ and /ɪ/ through repetition practice. Repetition practice will create the muscle memory needed to make the pronunciation of this sound a speech habit.

Creating a speech habit means that you pronounce the sound correctly almost all the time, without needing to think about it.

This comes with practice and only with practice.

You will listen and repeat. You can use the PDF while listening to the audios, or listen to the audios only.

You can download all audio tracks combined here:

[AUDIO](#)



Total Time: 11 minutes

/i/: Common Words

AUDIO

 2 minutes

be
being
wee
these
hee
she
seee
really
means
meaning
needs
people
feeling
even

please
leave
leaving
keep
believe
meeting
eat
eating
idea
real
week
weird
sleep
scheme

dream
material
resources
guarantee
theme
wheel
receipt
unique
street
clear
meter
reason
secret
speech



/i/: Practice in Sentences

AUDIO

 1 minutes

1. Everyy member of our team needs to contribute their ideas in order to succeeed.
2. He had the idea to meet everyy three weeks.
3. We can't even believe how much he can eat.
4. Many y people find it hard to believe that she can juggle so many responsibilities.
5. I believe that we should be able to meet up to watch the movie.
6. Please, let's not worryy about money, we are going to be fine. You'll see.

/I/: Common Words

AUDIO

 3 minutes

is
been
it
did
in
this
with
if
him
will
little
give
his
still
live
living
miss

big
listen
kid
women
minute
which
enough
sit
Mr. (mister)
Mrs. (missus)
insist
internet
risk
winter
mix
business
kitchen

dinner
familiar
Christmas
position
guilty
milk
infinite
shipping
shift
improve
-ish
continue
consistent
since
city
quit
visit

/I/: Practice in Sentences

AUDIO

 1.5 minutes

1. How long have you been living in the city?
2. Let's get the kids to listen to this music.
3. I studied business at university.
4. He missed class because he didn't leave early enough.
5. They built that big building over there using bricks and a concrete mix.
6. Even if you give just a little, it'll help him a lot.
7. The show starts at six, and if you miss it, you'll have to listen later.
8. Did he give you the big bag of chips?
9. With this, you won't miss your chance to live in the big city.
10. Will you give me a minute to sit down?

/i/ vs. /ɪ/: Minimal Pairs

AUDIO

 3.5 minutes

/i/	/ɪ/	/i/	/ɪ/
beat	bit	deed	did
beach	bitch	feel	fill
each	itch	feet	fit
jean	gin	green	grin
greed	grid	heat	hit
heed	hid	ease	is
heal	hill	sleep	slip
eel	ill	steal	still
neat	knit	bean	been
leak	lick	cheap	chip
leap	lip	he's	his
meal	mill	eat	it
peek/peak	pick	seat	sit
piece/peace	piss	cheek	chick
peach	pitch	meet	mitt

Vowels: /ə/ and /ɪ/ Homework

 Total time: 2 minutes

Assignment 1

Practice on your own first, and then compare your recording to mine to check for accuracy. When you feel that your pronunciation is perfect or nearly perfect for schwa, send a recording to the WhatsApp group chat to receive feedback.

AUDIO

(All letters in bold represent schwa).

In today's art class, we learned about mixing colors, and the e potential results when you combine two or more colors. It might seem random, but it's actually very specific. For example, let's imagine you're mixing paint. If you put the e colors red and blue together, you can expect the e combined result to be purplee paint. Once you learn the e color wheel, it's easy to remember all the e potential combinations.

Assignment 2

Practice on your own first, and then compare your recording to mine to check for accuracy. When you feel that your pronunciation is perfect or nearly perfect for the /ɪ/ sound, send a recording to the WhatsApp group chat to receive feedback.

AUDIO

(All letters in bold represent the /ɪ/ sound).

Mary was hungry, and decided to treat herself to some sushi. She really liked the taste of raw fish. She also liked the music that was playing at the restaurant; it was classical music – her favorite! After dinner, she went to the movie theater to see the latest Brad Pitt movie. There was a very long line in front of the theater, but she did not mind.